

To help celebrate our 5th anniversary, please join us for drinks and our panel discussion:

NAVIGATING MENTAL HEALTH IN UNSTABLE TIMES

Exploring the interrelationship of the individual
and their community

Watershed, 1 Canon's Road, Bristol BS1 5TX

Wednesday 21st June, 6:30 - 8:30pm

(Drinks and canapes from 6pm)



Oasis-Talk

Emotional health & well-being

www.oasis-talk.org

Guest speaker: Dr. Miltos Hadjiofis, UWE
Senior Lecturer in Community Psychology

Spaces are limited, to confirm yours please RSVP to:

ruth.richardson@oasis-talk.org

0117 9277 577