

Hello.

We are ACE

The **Assertive Contact & Engagement** service is part of Bristol Mental Health. We offer:

- Outreach and engagement work
- Open access/recovery groups and
- Psychological therapy

We are about getting people the help they need to cope, feel better, feel safer around their mental health.

We aim to make it easier to access services; raising awareness for those who find accessing help challenging or who are unaware what is available.

Find us:
Stokes Croft
Barton Hill
Knowle West

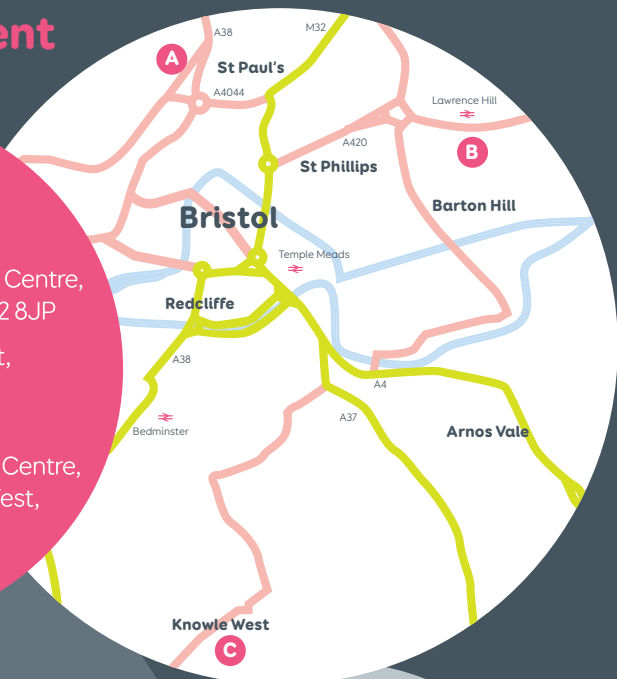
See over the page for details

0117 239 8969 (Mon-Fri, 8am-8pm)

Email: awp.bmhace@nhs.net

ACE Hubs

- A Central & North:** Compass Centre, 1 Jamaica Street, Bristol BS2 8JP
- B East:** Barton Hill Settlement, 43 Ducie Road, Barton Hill, Bristol BS5 0AX
- C South:** Filwood Community Centre, Barnstable Road, Knowle West, Bristol BS4 1JP



ACE offers

- **Outreach and engagement work:** meeting you where you are, to help support you into mental health services; making access smoother, less fearful and on your terms.
- **Open access/recovery groups:** we provide a variety of groups to help you in your recovery to make changes and find new ways of coping.
- **Psychological therapy:** our therapists offer 1:1 therapy tailored to you and your experiences and will help you to reduce your psychological distress and improve your overall personal wellbeing.

About us

ACE is managed in partnership by two charities which already provide related services in Bristol:

St Mungo's Broadway is a charity and housing association which manages emergency, prevention and recovery services for people who are homeless or at risk of homelessness

One25 is a charity which reaches out to women trapped in, or vulnerable to, street sex work, supporting them to break free and build new lives away from violence, poverty and addiction.

ACE is part of **Bristol Mental Health**, an innovative new system created in 2014 following calls from service users, carers and GPs for better mental health services in the city.